

## PrEP Express Visit Instructions

- Start by peeing into the cup until it's half full. Close the lid tightly.
- Collect your swabs—follow the instructions on the poster.
- **Keep the swab tubes upright—they have liquid in them.**
- **Make sure you put the throat swab in the throat tube and the rectal swab in the rectal tube!**
- Make sure the tops are on tight.
- Put the tubes and the urine cup in the plastic bag.
- Put the plastic bag in the brown bag.
- Put the brown bag in the box next to the door to the nursing station.
- **Press the doorbell**
- Have a seat in the waiting room and wait for your number/letter to be called.