TAP INTO EXTERNAL RESOURCES

The following activities and subsequent resources provide a plan of action to consider when embarking on population health initiatives. Pick and choose which will accelerate your path to population health improvement.

PEER SHARING

Don't reinvent what works. Implement evidence-based or evidence-informed initiatives through model practices, vetted by peers.

LOCAL OR WEB-BASED TRAININGS

Find local leadership program or institutes that will discount tuition for local government employees.

GUEST SPEAKERS

You don't have to have all the expertise. Ask community non-profits, university faculty, businesses, or other experts to speak at your staff meetings.

Join forces with the mayor's office, human services and/ or other county government agencies to create a rotating internship program.

LANGUAGE ASSISTANCE

Use a language service for translation in the community. Print the number on a sticker and place on the back of staff badges.

BUILD UNIVERSITY RELATIONSHIPS

Connect with researchers for help with data assessments, gathering and translation for the Community Health Assessment (CHA) process.

Formalize an internship program with a local university. Even if there isn't a school of public health, consider the various skills you could tap into, including economics, business, and graphic design.

OUTREACH COMMITTEE

Have an internal outreach committee to create a master list of all the staff's community (police, fire, churches, mayor's office, etc.) contacts. Tap into them when expertise is needed for training or partnership.

How can you help?
Join NACCHO's Population Health Learning Network and submit your own tool, talk with peers, and learn about what health departments around the country are doing.

"When I go to conferences, or meetings, and I hear a health department discuss something that I'm interested in, I reach out to those individuals because they want to talk and they're happy to share their resources, and people have done that with me. Use your networking, your resources, get on listservs, reach out to the authors or presenters and to the people that you want to model your practice after." – *Local Health Officer*

NAME	DESCRIPTION	TYPE	SOURCE
The Community Guide	The Guide to Community Preventive Services is a collection of evidence-based findings to help you select interventions to improve health and prevent disease in your community.	Evidence-based intervention portal	Centers for Disease Control and Prevention (CDC)
The 6|18 Initiative	A guide that addresses high-burden health conditions with effective intervention designed to improve health and control health care costs.	Evidence-based intervention portal	Centers for Disease Control and Prevention (CDC)
Healthy People	Healthy People provides science-based, 10-year national objectives for improving the health of all Americans.	Website and database	ODPHP
Healthy People and Social Determinants of Health	A guide to support and increase the use of HP 2020 among local health departments (LHDs), non-profit hospitals, and other organizations related to community health assessment and improvement planning.	Website and resources	NACCHO
Community Benefit	Database of how U.S. tax-exempt hospitals commit community benefit expenditures to fulfill the hospital mission, and to meet tax-exempt regulatory requirements.	Database	PHI/RTI
Sample Internship MOU	Example of a Memorandum of understanding for internship program.	Template	Georgetown University
500 Cities	City- and census tract-level small area estimates for chronic disease risk factors, health outcomes, and clinical preventive service use for the largest 500 cities in the United States.	Data portal	Centers for Disease Control and Prevention (CDC)

NAME	DESCRIPTION	TYPE	SOURCE
Community Health Peer Learning Program Learning Guides	Learning guide series with practical experiences, key lessons, and insights from five communities about addressing population health management challenges through improved capture, sharing, and use of electronic health data.	Learning guides	Academy Health
Resrouces for assessing and measuring SDOH	A compiled a set of resources to support LHDs seeking answers to commonly asked questions about how to select indicators, access data, and map social determinants of health.	Resource compendium	NACCHO
Model Practices	Local public health practices vetting by peers	Practice descriptions and peer contact information	NACCHO
Data for Community Health	A learning network of communities testing new ways to improve community health outcomes through multi-sector partnerships working to share data.	Learning Network	ALL IN: DATA FOR COMMUNITY HEALTH
Info-Aid	short-term informatics assistance	CDC Informatics Support	Centers for Disease Control and Prevention (CDC)
Epi-Aid	Epidemiology investigative services	CDC Epidemiology Support	Centers for Disease Control and Prevention (CDC)
Informatics Innovation Lab	Innovative technology solutions including: consultation, product development, computing resources, and more.	CDC Technology Support	Centers for Disease Control and Prevention (CDC)
The Art of Asking	Amanda Palmer's TED Talk	YouTube Video	TED